

Age-Friendly Chelmsford Implementation Committee Meeting Minutes
March 29, 2023

Members Attending: Fred Brusseau, Deb Siriani, John Bowles, Colin Spence, Lisa Marrone, Jen Melanson, Lesley Kimball

Members Absent: Steve Callahan, Connie Donahue

Others Attending: Paul Cohen, April Hunt, Regina Jackson, Louise Myers, Megan O'Neil

Meeting called to order at 9:03am by Fred Brusseau

Progress Report from Domains

Head of Transportation Domain, John Bowles

- John started off by saying the car was repaired and we now have a fully electric Ford Focus that we share with another department.
- On Friday March 24th, Chelmsford Telemedia recorded a public service announcement for the Chelmsford ride service to introduce the program. The video was put together and released to us. It is a minute and a half and promotes the service.
- Earlier in the month, Lesley Kimball arranged to have a morning session with Cindy and John to talk with roughly 20 patrons interested in being possible volunteer drivers. A couple of people were especially interested in becoming possible volunteer drivers.
- John made a point to mention that a lady from out of town came up to him and was grateful for the ride service because she has a sick daughter who relies on transportation services like this.
- Jen Melanson worked very hard and prepared for the Volunteer Driver Training Program that happened on Monday March 27th, 2023. The program is very thorough and covers a variety of subjects to prepare the volunteer drivers.

Community Support and Health Services Domain, Deputy Colin Spence

- Coffee with a cop will be on April 5th at the Senior Center from 10am to 11:30am. Coffee will be provided by KJ's.
- The Police Department still plans on holding an Elderly/ Senior Scam Prevention presentation. Colin will be getting in touch with Deb S to talk about possible dates for the event. The beginning of June is when they are thinking about holding the event.
- For the event, the police department plans to talk about phone scams, computer scams, and all the different types of scams that the Elderly community may be vulnerable to.
- The police department is thinking of having the event recorded so it can be shared through community television as well.
- As far as the safety net is concerned, there are two bracelets left. The police department has given out thirteen so far. They plan to order more if funding is available.

Community Services Domain, April Hunt

- There are now four Buried in Treasure Hoarding Disorder workshops. Three are in progress and the fourth one in Tewksbury will be starting May 1st. The second one for Chelmsford started March 21st, 2023. Bedford started their Buried in Treasure class on March 23rd, 2023.

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- The fifteen-week Cognitive Behavioral Therapy workshop that follows the Buried in Treasure started at the Chelmsford Senior Center on March 14th.
- The nine towns agreed on a universal script so when an outreach worker or social worker goes to the home of someone that has severe hoarding, they will have a script to guide them on how to talk to that person and provide them with the resources they need.
- April is hoping to record a presentation on the disorder and resources for the disorder with CTM to broadcast on the resource network website and the Chelmsford Senior Center website.

Jen Melanson

- Jen and Cindy will be shooting a segment today for the CTM show Chelmsford Tonight, where they will share about the Rider Program.
- Jen stated that the program is ready to go. They are actively recruiting more drivers and pushing the program on social media.

Lesley Kimball

- Would love to include links, recordings and videos on the library webpage to keep it active, fresh and engaging.
- There are no specific details yet, but a community calendar is being worked on.

Civic Participation in Employment Domain, Lisa Marrone

- An Age Strong job fair is in the works. They are aiming for the end of September with a possible location of the Town Hall gym.
- A grant request for \$5,000 was submitted to the AARP Community Challenge with the goal of providing business training in the small business community to become more age friendly.
- Lisa is working on a business training link.

Deb Siriani

- A scheduled meeting with representatives from Northeast Arc to try to find ways of more inclusion for adults with disabilities around the center and town.

Status of efforts for Community Outreach

- Deb shared the idea of doing an all-ages Chelmsford talent showcase at the senior center.
- Deb also shared the idea of a community game night in the summer. It would be all ages, abilities and inter-generational.

Fred gave a reminder that the Conflict of Interest is due by the end of March.

Approval of the 1/25/2023 minutes

- Motion to approve- Deb. Lisa seconded. Approved unanimously.

Approval of the 2/22/2023 minutes

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- Motion to approve- Lisa. April seconded. Approved unanimously.

Next meeting: 4/26/2023, 9:00 am, Remote Meeting

Motion to adjourn by April. Seconded by John. Voted unanimously.

Meeting adjourned at 9:42am