



**Regular meeting minutes of the
Council on Aging Board**

Date: 1/8/2020

Place: Senior Center

Room: B07

75 Groton Road, No. Chelmsford, MA 01824

Members Present: Diane Boisvert, Fred Brusseau, Steve Flynn, Ruth I'Anson, Debi Siriani, Anne Smith, Dianne Sperry

Members Absent: Paul Der Ananian, Mary Gibson, Jennifer Hardy, Jan Mounsey, Louise Myers, Len Olenchak, Ami O'Grady

Pledge of Allegiance was recited.

DIRECTOR'S REPORT

- Preparing for audit from Elder Care Services of Social Day Program, Transportation Program, and Companion Program.
- Kitchen renovation was approved by Paul Cohen and John Sousa. Next step is to submit it to the Finance Committee for approval.
- Met with Paul and John Sousa who approved a level operating plan. (The exception is the previously approved increase in hours for the Companion Care administration.) Extra hours for Dan were not approved.
- New computers were purchased for the computer room downstairs.

COMMITTEE REPORTS

Building/Capital Plan Committee: Steve Flynn reported that Kathleen Canavan agreed to pay for an engineer to do a plan and cost estimate for future bathroom updates. He suggested that someone follow up with Kathleen to ensure it happens.

Fred Brusseau requested that the committee make a decision on what is going to happen to the pergola soon so it can be implemented by spring.

Age-Friendly: Members of the initiative video conferenced with head of UMass Gerontology Department to discuss the scope of work the Initiative wants them to perform. One task will be to do a demographic analysis of Chelmsford and review existing data for relevance. The second task will be to review and make recommendations on our action plans.

Boy Scout Troop 75 wanted to do a senior-related community service project and have volunteered to fill and distribute buckets of sand and/or salt to ensure Meals on Wheels clients have it available. They will also look into shoveling snow for Meals on Wheels clients.

UNFINISHED BUSINESS

Sign: Fred Brusseau drafted a policy for sign usage that has been approved by Debi Siriani and will be forwarded to Paul Cohen for his approval.

Fitness Room Enhancements: Music is now being piped into the Fitness Center. Additional bike has been ordered.

Also, Ami O'Grady's company offered a PT volunteer to work in the Fitness Center on occasion.

ACTION ITEMS

Steve Flynn will contact Len Olenchak to update him on the status of current building plans. Debi Siriani will follow up with Natalie Dussault for details on the PT volunteer.

NEXT MEETING: WED., February 12, 2020, 9:00 a.m.

Minutes submitted by Ruth I'Anson, Recording Secretary