

Increasing Youth Mental Health Problems Facing Today's Issues

Presented by: Dr. Daniel W. Rosa
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Wednesday, March 27th
7:00pm
Chelmsford Public Library
(25 Boston Rd.)

20% of youth (13-18) live with
a mental health condition
-NAMI

Half of children with a mental
health condition in the US go
without treatment
-JAMA Pediatrics

Approx. 1 in 5 youth aged 13-18 (21.4%) experiences a
severe mental disorder at some point during their life. For
children aged 8-15, the estimate is 13%
-NIMH

Warning signs:
Trouble sleeping
Grades decline
Loss of interest
Physical discomfort
Engages in risky behavior
Loss of interest
Fears gaining weight
Substance use
Etc.

10 years of age- the average delay
between onset of symptoms &
intervention is 8-10 years
-NIMH



Please contact Amanda Glaser, Health Educator with any questions or concerns:
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