

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Stuffed Shells Garden Salad Orange</p>	<p>2 Stuffed peppers Cole Slaw Peaches</p>	<p>3 Chicken with Gravy Mashed Potatoes Orange Juice Cookie</p>	<p>4 Fish with Tartar Sauce Roasted Potatoes Broccoli Pudding</p>
<p>7 CLOSED</p> 	<p>8 Hot Dogs Baked Beans Cole Slaw Pears</p>	<p>9 Chicken Sandwich with Bacon Lettuce, Tomato Orange</p>	<p>10 Meatloaf Sweet Potato California Mix Veg Peaches</p>	<p>11 Pizza Tomato & Cucumber Salad Chocolate Pudding</p>
<p>14 Shepard's Pie Mixed Vegetable Mashed Potato Pineapple</p>	<p>15 Chicken Parmesan With Ziti Caesar Salad Cantaloupe</p>	<p>16 Sausage, Peppers & Onion Sub Potato Wedge Strawberry Cup</p>	<p>17 Fish with Tartar Sauce Rice Peas Orange</p>	<p>18 GRAB & GO SENIOR CENTER MONTH American Chop Suey Broccoli Cake</p>
<p>21 Tuna Sandwich Caesar Salad Strawberry Cup</p> 	<p>22 Cheeseburger Potato Wedge Garden Salad Peaches</p>	<p>23 Chicken-Broccoli Alfredo With Pasta Pears</p>	<p>24 Pulled Pork Rice with Kidney Beans & Chickpeas Mixed Fruit</p>	<p>25 Fish with Tartar Sauce Rice California Mixed Vegetables Gelatin</p>
<p>28 Chicken with Gravy Mashed Potatoes Carrots Oranges</p>	<p>29 Pepper Steak Potato Wedge Tomato & Cucumber Salad Cranberry Juice</p>	<p>30 Chicken Potpie Buttermilk Biscuit Blueberry Yogurt</p>		

All meals include milk & margarine. **MENU SUBJECT TO CHANGE WITHOUT NOTICE.** Suggested donation is \$2.50 per meal; under age 60, cost is \$4.50. This program has been made possible in part by funding from Older Americans Act as granted by Elder Services of the Merrimack Valley.